What to Bring

Backpacking pack  (This is a necessary piece of equipment for the week.
If you do not own one, please borrow one from your unit / a friend)

Daypack
Lightweight sleeping bag / pillow
2-man tent with groundcloth
Clothes for the week (BSA appropriate). Make sure to include a hoodie.
Raingear
Hiking boots AND athletic shoes. No open-toed shoes except in shower.
Toiletries - soap, toothbrush, toothpaste, hairbrush, shampoo
Towel(s)
Complete Field Uniform (Class A)
Water bottle(s)
Bug spray / suntan lotion
Pocket knife (BSA approved)
Hat / sunglasses
Personal first aid kit
Complete mess kit
Pens/pencils
Watch

Medication - any prescription medication should be in original container with name on it.
It will be given to the medical officer at check in. All prescription/OTC medication approvals
should be on medical form.

Inhalers / epi-pens should be kept with the participant over the week.

What NOT to bring: games, food, electronics of any kind.
It is preferred that cellphones stay at home, if possible.

Vaping devices are considered in the same class as tobacco products
and are not allowed on camp property for anyone under 21.